

Brigada Resource List for MKs and TCKs

Compiled by Heather Harris,
with some annotations provided by those who submitted the resources.

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List organized under the following headings:

- Books and Magazines
- Websites and Web Pages
- Child Sexual Abuse Bibliography

Abbreviation Key

MK = missionary kid

TCK = third culture kid

"A TCK is an individual who, having spent a significant part of the developmental years in a culture other than that of their parents, develops a sense of relationship to both" (TCK World <http://www.tckworld.com/index.html>).

Books and Magazines

Addleton, Jonathan S. Some Far and Distant Place: Muslim-Christian Encounters Through the Eyes of a Child. University of Georgia Press, reprint Oct. 2002. A memoir written by an MK that recounts his childhood spent in Pakistan, his time at the Muree Christian School, which was located at a British Himalayan hill station, and his culture shock during times of furlough in the U.S.

Among Worlds. A magazine published four times a year that is designed especially to encourage adult TCKs and address issues that are relevant to them. Subscription information available at <http://www.tckinteract.net/amongworlds/ordering.htm>.

Ajmera, Maya and Anna Rhesa Versola. Children from Australia to Zimbabwe. Charlesbridge Publishing. Children from around the world, descriptions of daily life and great photographs.

Asch, Frank. Goodbye, House. Greenwillow Books. A girl says goodbye to each room in her house and remembers special events there.

Baer, Edith and Steve Bjorkman. This is the Way we Go to School. School is part of life for all children but can look very different.

Blohm, Judith M. Where in the World are you Going? Yarmouth, ME: Intercultural Press, 1996. An activity-oriented book to help children work through an international move.

Bourlet, Françoise and Nathalie Kleinschmit. Toots and Wings: My Adventure Roadbook. Global Ease. For children aged 7 to 12, this mirrors the relocation process which children can work through on their own or with parents. Obtainable from globalease@club-internet.fr.

Bowers, Joyce M. Raising Resilient MKS. Assoc. of Christian Schools Int'l; PO Box 35097; Colorado Springs, CO 80935. Excellent resource for missionary parents.

Buffam, C. John. The Life and Times of an MK. Pasadena: William Carey Library.

Danielson, Edward E. Missionary Kid – MK. El Cajon, CA: E. D. Publishing.

Danziger, Paula. Amber Brown is not a Crayon. Scholastic, Inc. Focuses on the feeling of children and left behind in a move.

Dehmer, Haidee and Mayar Dehner. Life on the Outside. Wanderlust Press. Bangladesh: a mother and daughter's perspectives on global living.

Dyer, Jill. Harold and Stanley. Say Goodbye. MK Merimna. The Bear family is going to the Philippines to serve Jesus and have different feelings about it.

Echerd, Pam and Alice Arathoon, eds. Planning for MK Nurture. (Compendium of the ICMK in Quito in 1987, Vol. II). Pasadena: William Carey Library, 1989.

- Echerd, Pam and Alice Arathoon, eds. Understanding and Nurturing the Missionary Family.** (Compendium of the ICMK in Quito in 1987, Vol. I). Pasadena: William Carey Library, 1989.
- Gray, Charlene. Children of the Call: Issues Missionaries' Kids Face.** Birmingham, Al: New Hope, 1995. Includes MKs of both international and domestic missionaries; Helpful suggestions for congregations and supporters.
- Gray, Nigel. A Country Far Away.** Orchard Books. Side-by-side illustrations of similar situations in a western town and a rural African village.
- Hodson, Margot R. A Feast of Seasons.** Monarch. Customs, recipes, games to celebrate the Bible's festivals.
- Hollyer, Beatrice. Wake Up, World!** A chronological day in the life of 8 children (Australia, India, US, Ghana, Vietnam, England, Brazil and Russia).
- Interact.** A magazine that discusses important issues in MK/TCK education and care. It is published four times a year and includes well-written, insightful, challenging articles from a Christian perspective as well as provides practical help and highlights excellent resources. You can subscribe at <http://www.tckinteract.net/interact/ordering.htm>.
- Kidd, Diana. Onion Tears.** Orchard Books. A Vietnamese refugee grieves the loss of her family and home and writes letters to her animal friends left at home.
- Koteskey, Ron. Cultural Creations: Third Culture Kids and Adolescence.** Missionary Care Organization. Book examines the role of culture in creating adolescent TCKs, and includes a practical section at the end of each chapter, titled "What Can Adolescent TCKs Do?" Electronic version obtainable free of charge at <http://www.missionarycare.com/ebook.htm>
- Koteskey, Ron. Understanding Adolescence.** Missionary Care Organization. Written for parents of adolescents and children in their later elementary years. It is also helpful to teachers, youth workers, and anyone else working with teenagers. Available free of charge at <http://www.missionarycare.com/ebook.htm>
- Libby, Larry. Someone with You.** Multnomah Publishers. Artwork and stories to remind children Jesus is with them in the hard times as a TCK; good for devotions.
- Maxfield, Brenda. Up, Up and Away.** Foreign Service Youth Foundation. Explains the TCK concept in children's language and includes activity sheets, encouraging the positive aspect of a mobile life. Obtainable from <http://www.state.gov/www/flo/fsyl.html>.
- Parents Teaching Overseas.** A monthly publication for missionary parents with many helpful suggestions. Contact Nick and Dora Pauls; 7500 W. Camp Wisdom Road; Dallas, TX 75236. 972.708.7419. Email: dora_pauls@SIL.org
- Piper, Ros. The ABC Book of Oman.** Al Roya Publishing. A4 coloring book designed for pre-schoolers. Obtainable from alroya@omantel.net.om.
- Plugged-In.** An 8-page newsletter offering reviews and commentary on the latest music, movies and TV aimed at youth. Subscriptions avail from Focus on the Family; Colorado Springs, CO 80995-7451.
- Pollock, David C. and Ruth E. Van Reken. The Third Culture Kid Experience - - Growing Up Among Worlds.** Yarmouth, ME: Intercultural Press, 1999. A "must read" for missionary parents – it is the most comprehensive book in print on MKs. Order from "Letters" P.O. Box 90084; Indianapolis, IN 46290-0084.
- Rowen, Ruth J. and Samuel F. Sojourners: The Family on the Move.** Farmington, MI: Associates of Urbanus, 1990.
- Rowman, Beverly D. Footsteps Around the World: Relocation Tips for Teens.** BR Anchor Publishing. Journal for teens with practical advice. Obtainable from <http://www.branchor.com>.
- Rowman, Beverly D. Let's Move Overseas.** B.R. Publishing, 2000. Provides activities, discussion starters, and other resources to help young children process their move and learn about their new culture.
- Schubeck, Carol M. Let's Move Together.** Suitcase Press. An illustrated story book for younger children experiencing a global lifestyle.
- Stuart, Walt. What About our Children? Third Culture Kids: Powerful Potential - - Possible Pitfalls.** Kandern, West Germany: IFCI Ministries, Black Forest Academy.
- Taber, Sarah Mansfield. Of Many Lands: Journal of a Traveling Childhood.** Foreign Service Youth Foundation. Workbook to help TCKs process and document their experiences.
- Tetzel, Beth A. and Patricia Mortenson, eds. New Directions in Missions: Implications for MKs.** (Compendium of the ICMK in Manila in 1984). West Brattleboro, VT: ICMK, 1986.

Tokuhamo-Espinosa, Tracey. Raising Multilingual Children: Foreign Language Acquisition and Children. Bergin and Garvey. Information and strategies for international school teachers and parents.

Van Reken, Ruth E. Letters Never Sent: One Woman's Journey from Hurt to Wholeness. (2nd ed.) Indianapolis: "Letters," 1995. Good for adult MKs and missionary parents to learn what their children may be feeling.

Viorst, Judith. Alexander and the Terrible, Horrible no Good, Very Bad Day. Alexander decides to move to Australia to solve his problems.

Viorst, Judith. Alexander, Who's Not (Do you hear me? I mean it!) Going to Move. Alexander moves across America and discovers strategies to cope.

Weber, Bernard. Ira Says Goodbye. Houghton Mifflin. Ira's best friend is moving: how not to tell a child about a move.

Websites and Web Pages

<http://www.acsi.org>: Association of Christian Schools International

<http://www.barnabas@barnabas.org>: Helpful information for MKs, encouragement of missionaries.

<http://www.boarding-association.org.uk>: Information on British boarding schools

<http://www.crossculturalworkers.com>: A missionary care website that includes access to their books and brochures, but also avoids words like missionary and missions. An excellent resource for people working in places where they must be very careful about what they access on the internet.

<http://www.gnvv.org/>: Global Nomads Virtual Village. A nonprofit organization that provides a virtual hub, or permanent "on-line" place, for adult TCKs to stay in touch and also includes related resources

<http://www.linkcare.org>: Ministry to missionaries, pastors, and the community in need of restoration and compassionate care

http://www.missionarycare.com/brochures/br_children_adjustment.htm: Brochure overview listing ideas and ways for missionaries to help their child adjust throughout the leaving and transition process.

http://www.missionarycare.com/brochures/br_TCKbooks.htm: Brochure listing great MK and TCK books organized in separate headings for parents and for various ages of MKs.

http://www.missionarycare.com/brochures/br_adolescence.htm: Brochure discussing what missionaries should know about adolescence and youth

<http://www.missionarycare.com/dbTopics.asp>: Annotated bibliographies about various MK (and related) topics containing over 800 references to published books, articles, and chapters in books.

<http://www.mkstay.org>: A ministry that provides a transition home for MKs who have returned the U.S. as young adults. It focuses on helping MKs acquire American cultural skills and find helpful resources and connections.

http://www.mrnet.org/Resources/Resources_Index.asp?NTier=RESOURCES: Missionary Resource Network's library has two articles on MKs by Dr. Dale Hawley. Click on Missionary Care, then on Missionary Kids to access the articles.

<http://www.mti.org/chips.htm>: Mission Training International's Children's Intellectual Program (CHIPs) overview. It explains the special training they offer for MKs that coincides with parents' training.

<http://www.mukappa.org>: A fraternal organization for MKs.

<http://www.multilingual-matters.com>: Site that provides resources on multilingual issues

<http://www.share-ed-services.org>: Share Education Service's site that provides ongoing educational support to expatriate Christian families in Europe and the former Soviet Union.

<http://www.tckinteract.net>: Interaction International's website. Interact is a world organization that advocates on behalf of third culture kids of all nationalities.

<http://www.tckworld.com>: A website dedicated to the support and understanding of TCKs

<http://www.TransitionsAbroad.com>: Lists multiple resources for families on the move

<http://www.virtualcountries.com>: Information and search engines for 16 countries

(The following bibliography is being included because, unfortunately, child abuse does occur to some MKs and TCKs. The bibliography below contains valuable resources to help prevent it and also help a child heal if it has occurred. Although this list focuses on sexual abuse, it also includes resources that could be helpful in dealing with and preventing other types of child abuse as well).

CHILD SEXUAL ABUSE BIBLIOGRAPHY
Wycliffe International Counseling Ministries
John and Becky Leverington
July 2006

Allendar, Dan. The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse. Navpress, July 1990.

These powerful pages bring the realities of damaging human experience into the perspective of a loving God. With professional skill and spiritual insight from the crucible of experience, Dr. Allender blends a keen understanding of the dynamics of sexual abuse with the practical application of Christian truth. An excellent and timely book! John Powell, Ph.D., professor, Counseling Center, Michigan State University

Anderson, Bill. When Child Abuse Comes to Church. Bethany House Publishers, 1992.

Practical advice on how to detect sexual abuse, how to counsel young victims and their families, how to find help from the right authorities, how to involve counselors, when and how to offer help to sexual perpetrators, how to manage media-relations, and relating to courts and other secular authorities. It is written by the pastor of a church whose church went through one of the most publicized cases of multiple child abuse.

Barshinger, Clark; Rowe, Lojan; Tapa, Andres; Larowe, Lojan. Haunted Marriage: Overcoming the Ghosts of Your Spouse's Childhood Abuse. Intervarsity Press, 1995.

An insightful look at the effects child abuse can have on a survivor, as well as a guide for those who love them in how best to contend with the ghosts of their past. Written with compassion and empathy while encouraging an emphatic approach to attaining a life well worth living.

Bear, Euan & Dimock, Peter. Adults Molested As Children: A Survivors Manual for Women and Men. 1988.

Written in simple straightforward language by survivors for survivors, this useful 66-page manual is for adults who are beginning to remember and deal with childhood sexual abuse. It suggests several steps that have been helpful to other survivors and explains some of the issues to the important people in their lives.

Bills, Taylor. Tear Soup: A Recipe for Healing After Loss. Grief Watch, 2003.

A poignant story vividly illustrating the full range of experience and emotions of someone grieving a loss, and the healing process.

Block, Heather. Advocacy Training Manual. Advocating for Survivors of Sexual Abuse by a Church Leader or Caregiver. (2000). Mennonite Central Committee U.S. Women's Concerns. 204-261-6381.

Includes a survivor's story, understanding those affected, how to confront the institution, the advocate's role during the investigation, potential hurdles, working with more than one survivor.

Davis, Laura & Bass, Ellen. The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse"

Other books: "Beginning to Heal (Revised Edition): A First Book for Men and Women Who Were Sexually Abused as Children", and author of "The Courage to Heal Workbook: For Women and Men Survivors of Child Sexual Abuse", "Allies in Healing: When the Person You Love Was Sexually Abused as a Child", and "I Thought We'd Never Speak Again: The Road from Estrangement to Reconciliation"

Donaldson, Mary Ann. Responses to Childhood Incest. A Tool for Self-Assessment. The Village Family Service Center, 1983.

Eareckson Tada , Joni. When God Weeps. Zondervan Publishing House, October 2000.

It's easy to trust God when things are going our way and the world makes sense. But when suffering strikes--especially seemingly senseless suffering--we are filled with doubt and stunned by events spiraling beyond our control. In the midst of suffering, we often question the very foundation of our faith--our belief in the God who says he loves us.

Fay, Jennifer. He Told Me Not to Tell. King County Rape Relief, 1979.

Foote, Chatherine. Survivor Prayers: Talking with God about Childhood Sexual Abuse

Child sexual abuse wounds its victims deeply. Physical wounds can be seen; invisible wounds and scars touch the soul, says Catherine Foote. She provides this book of prayers and meditations to survivors of abuse, offering them a way of exploring the impact that abuse has had on their relationship with God. She invites survivors to consider talking to God about their abuse as a way to break the silence. She calls this process "telling God the truth" and believes it is a way to begin healing.

Frank, Jan. A Door of Hope: Recognizing and Resolving the Pains of Your Past. Here's Life Publishers, 1990.

Written by a Christian who also experienced sexual abuse as a child. Covers both the effects of abuse and the steps to overcoming it from a Biblical perspective.

Frank, Don and Jan. When Victim's Marry: Building a Stronger Marriage by Breaking Destructive Cycles. Here's Life Publishers, 1990.

Written by a couple, detailing what they learned to overcome the effects of the wife's abuse in their marital relationship.

Hagans, Kathryn B. and Case, Joyce. When Your Child Has Been Molested: A Parent's Guide To Healing and Recovery. San Francisco: Jossey-Bass Publishers, 1988

Hancock, Maxine & Mains, Karen. Child Sexual Abuse: A Hope for Healing. Harold Shaw Publishing, 1987.

A book on childhood sexual abuse and the problems the victim contends with later in life. The best thing about this book is that it gives practical steps on how to work through the steps of recovery and forgiveness.

Hastings, Jill and Yppo, Marion. An Elephant in My Living Room. The Children's Book. Comp Care Publishers, 1984.

Heggen, Carolyn Holderread. Sexual Abuse in Christian Homes and Churches. Herald Press, 1993.

Offers hope that confronting broken sexuality will bring healing for survivors of abuse, for perpetrators, and for the church.

Heitritter, Lynn. Little Ones Activity Book. Little Ones Books.

Available from NYM Ministries Site 306 Box 1 RR3 Dryden, ON. P8N 3G2 CANADA phone: (807) 937-4421 fax: (807) 937-5524 e-mail: dhertz@dryden.lakeheadu.ca

A Biblically based coloring book designed to help parents teach children aged 5-8 about their sexuality and how to response to "Yes touch" and "No touch." A parent's teaching guide is also available.

Holsten and Freeman. The Swimsuit Lesson.

<http://www.holstenbooks.com> Story book for children 3-8 years old.

Hoke, Susan. My Body is Mine, My Feelings Are Mine. The Center for Applied Psychology, Inc., 1995.

Huskey, Alice. Stolen Childhood: What You Need to Know about Sexual Abuse. Downers Grove, IL: InterVarsity Press, 1990.

Johnson, Karen Cecilia. Through the Tears: Caring for the Sexually Abused Child. Broadman Press.

Katz, William. Protecting Your Children From Sexual Assault. Little Ones Books, 1983.

Also available from NYM Ministries

Kellogg, Miriam E., and Hunter, William F. (1993). "Sexual Immorality in the Mission Community: Overtones of Incest," Journal of Psychology & Theology, Special Issue No. 3 on Psychology and Missions, Spring, 1993, Volume 21, Number 1.

Kraizer, Ph.D. The Safe Child Book: A Common Sense Approach to Protecting Children and Training Children to Protect Themselves. Fireside Publishing; 1996. The Safe Child Book gives parents effective and nonthreatening techniques for teaching children how to protect themselves without making them afraid. It provides a comprehensive educational program covering a wide range of topics that concern parents today, including sexual abuse, abduction, leaving children alone, surfing the Internet, school safety, and choosing a day-care center or baby-sitter.

Laaser, Mark. Talking to Your Kids about Sex. Water Brook Press, 1999.

The book coaches you through specific, age-appropriate discussions you can have with your son or daughter from early childhood through young adulthood; giving guidance on how to explore and examine your own sexual beliefs and issues; and empowering you to help your child develop a healthy and biblical understanding of sexuality, a glorious gift from God.

Lampman, Lisa. God and the Victim, Theological Reflections on Evil, Victimization, Justice, and Forgiveness. Eerdmans Publishing, 1999.

Landry, Dorothy Beaulieu. Family Fallout: A Handbook for Families of Adult Sexual Abuse Survivors. Safer Society Press. (1991) Helps families understand the healing process and deal with their own feelings about the disclosure of sexual abuse. Chapters for helping spouses, parents, children of survivors, as well as friends and extended family. It includes healing rituals. Landry is a therapist and a survivor.

Langberg, Diane Mandt. On the Threshold of Hope: Opening the Door to Hope and Healing for Survivors of Sexual Abuse. Tyndale House Publishers, 1999.

On the Threshold of Hope offers hope and healing to men and women who have been traumatized by sexual abuse. Dr. Langberg's insights and the quotations from many survivors assure readers that they are not alone and that Christ, the Redeemer, can heal their deep wounds. Through stories, Scripture, questions, and encouragement, Dr. Langberg walks with survivors on the road to healing through Christ's love and power.

Lyshak-Stelzer, Francie. The Secret, Art & Healing from Sexual Abuse.

Once there was a child," begins Francie Lyshak-Stelzer in *The Secret*. This is no fairy tale, but a deeply moving recounting of betrayal and healing through simple text and luminous art work. Dream images mingle with those from real life to convey messages regarding past trauma and the process of recovery from its long-hidden pain. Phrased in language a child can understand, but directed to adults, *The Secret* speaks both visually and verbally to the child within adult survivors of abuse. Francie Lyshak-Stelzer is a board-certified practicing art therapist, working with traumatized children in New York. She brings a unique perspective to the possibilities of using art in recovery from sexual abuse and other childhood trauma.

Mask, M., Mask, J., Hensley, J., & Craig, S. Family Secrets. Nashville, TN: Thomas Nelson Publishers, 1995.

Matsakis, Aphrodite. When the Bough Breaks: A Helping Guide for Parents of Sexually Abused Children. Oakland: New Harbinger Publications, Inc., 1991

McClelland, Heather. The Almond Tree: Child Sexual Abuse and the Church. British Bible Society, 1976. Stories from a church community in Australia over a period of seven years.

Mennonite Central Committee U.S. Women's Concerns. Expanding the Circle of Caring: Ministering to the Family Members of Survivors and Perpetrators of Sexual Abuse. US 515-745-8458. Includes personal stories of survivors, spouses, family members of both survivors and perpetrators. Provides insights for ministering to each of these populations, and describes the issues for each. Also includes worship resources, including communion liturgy, prayers, responsive readings, and suggested Scripture passages.

Sandford, Doris. I Can't Talk About It: A Child's Book About Sexual Abuse. Multnomah Press, 1986. Designed to be read to children to help them verbalize and process their feelings. Has guidelines for helping a child who's been sexually abused.

Stafford, Dr. Wess. Too Small to Ignore: Why Children are the Next Big Thing. Colorado Springs, Co.: Waterbrook Press, 2005. Excellent description of Dr. Staffords growing up in an African village and boarding school experience which resulted in abuse.

Sweet, Phyllis. Something Happened to Me. Mother Courage Press, 1981.

Too Close to Home. Christian Counseling Today, 1998. Vol. 6, No 1, p 26.

Vredevelt, Pamela and Rodriquez, Kathryn. Surviving the Secret. Fleming H Revell Co; New expanded edition, June 1992. For anyone who has sought help as a Christian with sexual abuse issues, this is a must read. The authors clearly define and explain sexual abuse issues as well as give scriptural references to explain God's role in our healing process. This book will bring you closer to God and healing in the process.

Wachter, Oralle. No More Secrets for Me. Boston: Little, Brown and Company. 1983.

A book for parents to read to children to facilitate an understanding of ways child abuse can occur with trusted adults. The book contains five stories of improper sexual touch, a babysitter drying a child with a towel, and adult male family friend in a cafe booth, a counselor at camp, and a stepfather tucking the child in bed at night, how the child told, and the parents responded appropriately to believe and protect the child. It includes practicing how to get out of the situation, and how and who to tell if parents are not available.

Walvoord, Linda. My Body is Private. Albert Whitman & Co; Reprint edition (September 1992)

WHO IS A STRANGER AND WHAT SHOULD I DO addresses rules about strangers. MY BODY IS PRIVATE addresses rules about people the child knows. MY BODY IS PRIVATE aims as the younger ages. It differs from some other books on the topic in its lower age range. The book has recently been re-illustrated and released in a Japanese edition, published by Ahni.

Weinstein, Nina. No More Secrets. Seal Press, Seattle, 1991. For young adults.

Wright, Norman H. Recovering from the Losses of Life. Grand Rapids, MI., Fleming H. Revell, 2000.

Yancey, Phillip. Where Is God When It Hurts. Zondervan Publishing House, October 2001.

ASSESSMENT AND COUNSELING TOOLS

Crisci, Geraldine, Marilyn Lay and Liana Lowenstein. Paper Dolls and Paper Airplanes: Therapeutic Exercises for Sexually Traumatized Children.

An indispensable tool for clinicians working with sexually abused children. It contains 80 activities, therapeutic games, role-playing tasks, puppet shows, music, and art activities. Topics include feelings, secrets, post-disclosure experiences, documenting sexual abuse, responsibility, offenders, triggers, sexuality, personal safety, and self-esteem.

Kuehnle, Kathryn. Assessing Allegations of Child Sexual Abuse. Sarasota, FL.: Professional Resource Press, 1996.

Physical and Sexual Abuse in Males. Menninger Letter, January, 1996. Vol. 3/1, p. 3.

Prentky, Robert and Stacey Bird Edmunds, Editors. Assessing Sexual Abuse: A Resource Guide for Practitioners. Brandon, VT: Safer Society Press, 1997.

This monograph pulls together all of the current information on the various tools used by programs and practitioners for assessing abuse reactive children, juvenile and adult sexual abusers and, child, juvenile, and adult victims of sexual abuse. It includes scales and instruments on general assessment of personality, general psychological and behavioral assessment, traumatic victimization, attachment, empathy, distorted attitudes, anger, sexual knowledge, sexual functioning, and more. This invaluable reference also includes research on many of the listed items and a handy appendix of scales, inventories, checklists and more.

Sweeney, Daniel S. Counseling Children Through the World of Play. American Association of Christian Counseling Library Book.

Covers integration of Biblical wisdom and play therapy, how to conduct a session practically speaking, tools to train parents, working with traumatized, anxious, and depressed children.

Fortune, Marie. Preventing Child Sexual Abuse: A Curriculum for Childrens Ages Five through Eight.

Children are vulnerable to abuse from infancy onward - a sad and frightening fact - and this curriculum can help parents and those who work with children to deal with the difficult issue of child sexual abuse in the context of a religious education program. It draws on excellent secular materials while using basic biblical resources, and it confronts misinterpretation of the Scripture that have been used to support abusive relationships. This curriculum teaches prevention techniques in a supportive community of God's caring.

WEB SITES

AMERICAN ACADEMY OF PEDIATRICS. Guidelines for the Evaluation of Sexual Abuse of Children:

<http://www.aap.org/policy/re9819.html>

The role of the physician is outlined with respect to obtaining a history, physical examination, and appropriate laboratory data and in determining the need to report sexual abuse.

ANGEL WORLD.

<http://www.AngelWorld.org>

This site provides support and education for Survivors of sexual abuse.

BRICKS FROM THE ASHES

<http://www.andiesisle.com/BricksFromTheAshes.html>

This website provides words and music for encouragement and healing from abuse.

BREAKING THE SILENCE

<http://www.breakingthesilence.com/resour.html>

A Canadian website with a multitude of resources for prevention, response and training materials. Numerous links to other helpful sites.

CHURCHES CHILD PROTECTION ADVISORY SERVICE

<http://www.ccpas.co.uk/>

The Churches' Child Protection Advisory Service is an independent Christian-based charity that provides professional training in the UK, resources, advice and support in all areas of child protection and good working practice.

COMMITTEE FOR CHILDREN has a curriculum called "Talking about Touching" for elementary school which includes the "What Do I Say Now," video. The curriculum is made for teachers to use in their classrooms, and specialized training is available through conferences all over the U.S.. It has 14 lessons for each grade level, beginning with general safety issues such as bike helmets and street crossing and going on to discuss, in a natural way, appropriate and inappropriate touch. It is very practical and gives many opportunities for children to practice skills related to each lesson on their age level. The address for Committee for Children is: 2203 Airport Way South, Suite 500, Seattle, WA. USA 98134-2035. Website:

<http://www.cfchildren.org>.

CRISIS INTERVENTION IN CHILD ABUSE AND NEGLECT

<http://www.calib.com/nccanch/pubs/usermanuals/crisis/index.htm>

This manual from the US Department of Health and Human Services focuses on crisis intervention and treatment.

DIVISION 37 OF THE AMERICAN PSYCHOLOGICAL ASSOCIATION

An Introduction to Child Maltreatment

http://www.apa.org/divisions/div37/child_maltreatment/child_highschool.html

The Division of Child, Youth, and Family Services of the APA has developed a five-unit lesson plan for use in secondary schools. (If the URL wraps on your screen, you will need to cut and paste it into your browser.)

ECPAT INTERNATIONAL

<http://www.ecpat.net>

The ECPAT acronym stands for ' **End Child Prostitution, Child Pornography and Trafficking of Children for Sexual Purposes**'. ECPAT is a network of organizations and individuals working together to eliminate the commercial sexual exploitation of children. It seeks to encourage the world community to ensure that children everywhere enjoy their fundamental rights free from all forms of commercial sexual exploitation.

FOCUS ON THE FAMILY

<http://www.family.org/married/topics/a0025099.cfm>

Focus on the Family provides a list of questions and answers regarding abuse and reference to articles related to abuse.

JOURNAL OF COUNSELING AND DEVELOPMENT.

Clinical Assessment of Child Victims and Adult Survivors of Child Maltreatment

http://www.counseling.org/members/journals/jcd_winter97.pdf

The authors discuss general guidelines and suggest techniques and measures for use in treatment planning. (Adobe Reader is needed. Scroll to the last article.)

KIDSCAPE UK

<http://www.kidscape.org.uk/>

Committed to keeping children safe from harm or abuse. Kidscape is the only national children's charity which focuses upon preventative policies - tactics to use before any abuse takes place. Kidscape has practical, easy to use material for children, parents, teachers, social workers, police and community workers.

Laura Davis – author and therapist

<http://www.lauradavis.net/>

Workbooks and articles on topics such as “Trusting your memories,” “Am I ready to reconcile,” “healing from abuse,” and “20 questions to healing and peace.”

LIFE SKILLS INTERNATIONAL

<http://www.lifeskillsintl.org/>

Life Skills Learning Center is a place where adults and youth attend gender separate classes to be taught valuable life skills from the “Learning to Live, Learning to Love” curriculum.

MEN WEB

<http://www.menweb.org/sexabupg.htm>

Male survivors of childhood sexual abuse – surviving and living

NATIONAL CLEARINGHOUSE ON CHILD ABUSE AND NEGLECT INFORMATION.

<http://nccanch.acf.hhs.gov/>

Aimed at increasing understanding of child neglect and ways to assess, intervene, and prevent the problem.

NATIONAL CLEARINGHOUSE ON CHILD ABUSE AND NEGLECT INFORMATION.**How to Report Suspected Child Maltreatment**

<http://www.calib.com/nccanch/report.cfm>

Citizens who suspect that a child is being maltreated, or children who are being maltreated, can call the Childhelp USA National Child Abuse Hotline at 1-800-4-A-CHILD (1-800-422-4453). This hotline is available 24/7.

NSPCC INFORM. The online child Protection Resource

http://www.nspcc.org.uk/Inform/OnlineResources/ReadingLists/PsychodynamicsOfAdultAndAdolescentSexOffenders/PsychodynamicsofSexOffenders_asp_ifega26180.html

This is an excellent resource for schools, professionals and parents on a variety of issues related to child abuse.

SIARI Self-Injury & Related Issues http://www.siari.co.uk/Links_pages/Child-abuse_Incest_Rape_Select_resources_and_links_from_SIARI.htm

A free international internet service of information, resources and support

STOP IT NOW - UK and Ireland

<http://www.stopitnow.org.uk/>

A public information and awareness raising campaign regarding child sexual abuse.

THE NATIONAL EXCHANGE CLUB FOUNDATION

<http://www.preventchildabuse.com/abuse.htm>

The National Exchange Club Foundation is committed to making a difference in the lives of children, families and communities through its national project, the prevention of child abuse.

THE SAFER SOCIETY FOUNDATION, Inc.

<http://www.safersociety>

A nonprofit agency, is a national research, advocacy, and referral center on the prevention and treatment of sexual abuse. Founded in 1964 as the Prison Research Education Action Project (P.R.E.A.P.) by Fay Honey Knopp, P.R.E.A.P. evolved into the Safer Society Program in 1985, and became the Safer Society Foundation, Inc. in 1995. The Safer Society Foundation, Inc. provides a variety of services related to the prevention and treatment of sexual abuse.

Darkness to Light

<http://www.darkness2light.org/>

Provides a great variety of resources on steps to preventing, recognizing and reacting responsibly to child sexual abuse.

AUDIO/VISUAL RESOURCES***Keeping Children Safe: A Toolkit for Child Protection***

<http://www.keepingchildrensafe.org.uk/>

This is a complete pack for all agencies, big and small, who work nationally or internationally with children and includes:

Tool 1 Keeping Children Safe: [Standards for Child Protection](#), a book which explains what the basic standards should be for all organisations working in child protection across the world.

Tool 2 Keeping Children Safe: [How to Implement the Standards](#), a resource pack that provides guidance and activities to help you and your organization meet those standards.

Tool 3 Keeping Children Safe: [Training for Child Protection](#), a pack of flexible training exercises and materials to help you and your organization train staff to meet the standards

Tool 4 A DVD – to support and help with training

Tool 5 A CD Rom – to support and help with training and implementation of standards. The CD Rom contains all the training materials, trainer notes, exercises, activities, sample forms and templates

To order a hard copy of the toolkit, including the CD and DVD, send your details to publications@keepingchildrensafe.org.uk

“Abuse: the Hidden Secret: A Prevention Guide to Dealing With Child Abuse,” hosted by Scott Ross, New Tribe Mission. This six-video instructional series provides methods to prevent child abuse, ways to spot abuse, and steps to take when allegations arise. Attorney Scott Ross, who has innumerable hours of research and experience as the lead person in dozens of child abuse cases within missions settings, spearheaded the project for New Tribes Mission. It is highly recommended by Frank Sever, President of IFMA and General Director of SEND International. You can see a preview and find out how to order the series online at: <http://www.abusethehiddensecret.com> E-mail: bookstore_hg@ntm.org Phone: 800-321-5375

“Child Safety Program: A Comprehensive System to Help Evaluate Your Programs and Screen Your Staff”, MARET Systems International. Word Ministry Resources 1-800-933-9673 Set of 3.5 floppy discs and video, child safety program manual, 101 Questions manual, leader’s workbook and 90 minute audio training cassette. A comprehensive system to enable Christian organizations to screen workers, evaluate programs, initiate safety checks, and define policies.

Reducing the Risk II is designed to make your church as safe as it can be from child sexual abuse. The entire kit includes 6 thorough DVD training videos, coordinating training manual with detailed lesson plans, and a complete reference handbook searchable by key topics. Reducing the Risk II helps you knowledgeably select & screen workers, understand the behavioral profiles of molesters, implement a prevention program and respond to allegations. The materials are available from Christianity Today Internationals Church and Law offices at 800-222-1840 or on-line at <http://www.churchlawtoday.com>

Tear Soup: A Recipe for Healing After Loss. Grief Watch (2003). 503-284-7426
<http://www.tearsoup.com>

A poignant story vividly illustrating the full range of experience and emotions of someone grieving a loss, and the healing process.

“What Do I Say Now, How to Protect Your Child from Sexual Abuse,” Committee for Children, 2203 Airport Way South, Suite 500, Seattle, WA. 98134-2027. (800) 634-4449 or (206) 343-1223 Web site: <http://www.cfchildren.org> A 30 minute video training parents and caregivers to protect young children from sexual abuse. It covers the benefits of safe, nurturing touch, provides straightforward information about child sexual abuse, covers guidelines for creating a safe environment for children, utilizes vignettes that use humor and drama to teach viewers ways to teach children touching safety, and to respond to signals a child might have been abused. The video utilizes actors from a variety of cultures.

Yes You Can Say No

Committee for Children, 2203 Airport Way South, Suite 500, Seattle, WA. 98134-2027. (800) 634-4449 or (206) 343-1223 Web site: <http://www.cfchildren.org>

19 minute video appropriate for grades 2-6. The video shows children modeling protective, assertive behavior in a number of believable safety situations, including the prevention of sexual assault. The constellation of assertiveness skills which are modeled in the video have been identified by therapists and offenders as critical to reducing a child’s vulnerability to sexual assault. These skills are hard to acquire solely through a teacher led presentation. Thus, the addition of seeing the behavior modeled through the video, then providing practice through the use of the discussion guide and role plays, will facilitate children learning these skills more effectively. The video helps children learn verbal and nonverbal assertiveness skills, identify ways of coping with a difficult situation, recognize potentially exploitive situations, identify resource people in a support system, and identify the differences between nurturing and exploitive touch.

Sharing Secrets

First video to confront child sexual abuse for the deaf and hard of hearing. The video features deaf actors with voice over. A serious yet heart warming drama demonstrates how deaf youth can end the isolation of sexual abuse that often destroys their self esteem. It encourages deaf youth to find the courage to break the silence, report and seek help. Available at: Canadian Filmmakers Distribution West, 1131 Howe Street, Suite 100, Vancouver, B.C. V6Z 2L7 Canada
Telephone: 1-604-684-3014 Fax: 604-684-7165

Teen Child Abuse (grades 8-12)

Features interviews with abuse victims, survivors, psychiatrists, psychotherapists and legal counselors. They define the different types of abuse and how the silence can be broken, the cycle of abuse can be stopped and healing can begin. Whether physical, emotional, mental, sexual or neglect, abuse challenges teens of every race, background and economic level.

<http://wholechild.net/teenvideos.htm> or call 212-749-3684.

Bullying (grades 5-12)

Whether they are personally involved or merely bystanders to the situation at hand, students often find themselves faced with bullies both in and out of school. But how does one go about dealing with such troublesome situations without being drawn into unnecessary confrontations? In *Bullying*, students will develop a better understanding of ways to deal effectively with bullies through two detailed vignettes. In "It's Not Funny...It Hurts!", an overweight student new to school faces a daily regiment of bullying by others who ride his bus. What should he do? And in "Just Because You're Bigger...", a group of kids playing basketball after school are menaced by an older group who come along and steal their ball. How should they handle the situation? This video is highly appropriate for small groups or classroom settings (can also be used individually).

<http://wholechild.net/teenvideos.htm> or call 212-749-3684.