Resource/Book List for Missionary Family Care – Jan. 2015

The 2014 edition was originally compiled by Penny Lucas (Thanks!). Thanks also to the others who have added to it along the way, making this new 2015 edition a reality.

List organized under the following headings:

I. For Singles

1. Fierbaugh, Stephen. *Surviving Celibacy*.

   http://www.amazon.com/gp/product/0578046083/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0578046083&linkCode=as2&tag=teamexpansiononl&linkId=BMGXU6FPRTM7EU7O

2. Hawker, D. and T. Herbert. *Single Mission: Thriving as a single Christian in cross-cultural ministry*.

   http://ondemand.condeopress.com/single-mission.html

3. Member Care Retreat for Singles held annually in Asia & Europe 'Single Vision' website:

   http://www.SingleVisionInternational.com

4. Articles on Singleness...

   http://www.singleness.org/articles.shtml

5. MMCT(Mobile Member Care Team) issue full of resources on singleness

   http://storage.cloversites.com/mmctmobilemembercareteam/documents/MMCT%20Communique,%20August%202010%20-%20Singleness.pdf

6. Missionary Care website

   http://www.missionarycare.com/singles/

II. For Parents

1. Blohm, Judith M. *Where in the World are you Going?* Yarmouth, ME: Intercultural Press, 1996. An activity oriented book to help children ages 5-10 work through an international move.

   http://www.amazon.com/gp/product/1877864447/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1877864447&linkCode=as2&ta

g=teamexpansiononl&linkId=O3RWGPA4OUEQOAZZ

2. Bloomberg, Janet, and Brooks, David. *Fitted Pieces: A Guide for Parents Educating Children Overseas*. Share Education Resources. (2001) Comprehensive collection of Christian articles on both parenting and educating kids overseas.

   http://www.amazon.com/gp/product/B000FEWBGC/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=B000FEWBGC&linkCode=as2&tag=teamexpansiononl&linkId=OQGIHEJ6ZCEUIEJA

3. Bowers, Joyce M. *Raising Resilient MKs*. Association of International Schools Int'l, PO Box 35097, Colorado Springs, CO 80935 (1998)Collection of articles focusing on the nurture and education of MKs. It covers subjects such as understandings mks, resilient families, educational options, etc.

   http://www.amazon.com/gp/product/1583310096/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1583310096&linkCode=as2&tag=teamexpansiononl&linkId=YYWAYSWPUH4OFMY7

4. Ferwerda, Julie. *One Million Arrows. Raising your Children to Change the World*. 2009. Wine Press Publishing

   http://www.amazon.com/gp/product/1606150111/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1606150111&linkCode=as2&tag=teamexpansiononl&linkId=JXE73JDRWINUYQDS

5. Friesen, James, E. James Wilder, Anne M. Bierling. *The Life Model: Living from the Heart Jesus gave You*. Shepherd's House, Inc. 2000.

   http://www.amazon.com/gp/product/0967435749/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0967435749&linkCode=as2&tag=teamexpansiononl&linkId=OHIPQIRGKRHDEXRM

6. *Interact*. A magazine that discussed important issues in MK/TCK education and care. New issues aren't being produced, but you can order back issues at

   https://www.interactionintl.org/shopcategory.asp?catID=15

7. Knell, Marion. *Families on the Move*. Monarch Books. 2001. This book aims to help parents guide their children through the challenges that being a TCK brings. It covers such things as getting ready to leave, education options, handlings transitions, etc.

http://www.amazon.com/gp/product/0825460182/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0825460182&linkCode=as2&tag=teamexpansiononl&linkId=HIC3RAAQO3P2UO6W

8. Koteskey, Ron. *Cultural Creations: Third Culture Kids and Adolescence*. Book examines the role of culture in creating adolescent TCKs, and includes a practical section at the end of each chapter.

   http://www.missionarycare.com/ebook.htm

9. Miller, Susan. *But Mom, I don't Want to Move! Easing the Impact of Moving on your Children*. 2004. Focus on the Family, Tyndale House Publishers

   http://www.amazon.com/gp/product/1589971663/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1589971663&linkCode=as2&tag=teamexpansiononl&linkId=TMDJ2EBJ7PXJFYW3

10. Pascoe, Robin. *Raising Global Nomads: Parenting Abroad in an On-Demand World*. Expatriate Press Limited, 2006. Insight into parenting abroad.

    http://www.amazon.com/gp/product/0968676030/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0968676030&linkCode=as2&tag=teamexpansiononl&linkId=D222YX5PMMVAWM2E

11. Pollock, David C. and Ruth E. Van Reken. *Third Culture Kids. The experience of Growing up Among Worlds*. Yarmouth, ME. Intercultural Press, 2001. Most comprehensive book on MKs.

    http://www.amazon.com/gp/product/1857885252/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1857885252&linkCode=as2&tag=teamexpansiononl&linkId=VBEZVYQDA7SXTG2A

12. http://www.barnabas@barnabas.org: Helpful information for MKs, encouragement of missionaries.

13. http://www.tckworld.com: a website dedicated to the support and understanding of tcks

III. Age-Appropriate Books: Birth through Elementary (approx. 10 yr.)

1. Ajmera, Maya and Anna Rhesa Versola. *Children from Australia to Zimbabwe*. Charlesbridge Publishing. Descriptions of daily life and great photographs.

   http://www.amazon.com/gp/product/1570914788/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1570914788&linkCode=as2&tag=teamexpansiononl&linkId=JJVFO63JVGDSIOF6

2. Asch, Frank. *Goodbye House*. Greenwillow Books. A girl says goodbye to each room in her house and remembers special events there.

   http://www.amazon.com/gp/product/0671679279/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0671679279&linkCode=as2&tag=teamexpansiononl&linkId=YOTCX6FPNHXISKSL

3. Baer, Edith and Steve Bjorkman. *This is the Way we go to School*. School is part of life for all children, but can look very different.

   http://www.amazon.com/gp/product/0590431625/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0590431625&linkCode=as2&tag=teamexpansiononl&linkId=TWFNAMEEDSEXC2O6

4. Bourlet, Francis and Kleinschmit, Nathalia. *Toots and Wings: My Adventure Roadbook*. Global Ease. For children ages 7-12.This mirrors the relocation process which children can work through on their own or with parents. Obtainable through globalease@club-internet.fr.nziger

5. Danziger, Paula. *Amber Brown is not a Crayon*. Scholastic, Inc. Focuses on the feelings of children and being left behind in a move.

   http://www.amazon.com/gp/product/0142406198/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0142406198&linkCode=as2&tag=teamexpansiononl&linkId=XOZXFGIYLCRWX7F4

6. Hunt, Joy M. *Spaghetti Sisters in a Tofu World*. A Novel.

   http://www.amazon.com/gp/product/1494933438/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1494933438&linkCode=as2&tag=teamexpansiononl&linkId=HG5MEHB5KKDG7WEB

7. Viorst, Judith. *Alexander, Who's Not (Do you hear me? I mean it!) Going to Move*.

   http://www.amazon.com/gp/product/0689820895/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0689820895&linkCode=as2&tag=teamexpansiononl&linkId=DCOWMKQBEKWAXFJY

8. Viorst, Judith. *Alexander and the terrible, horrible no good, very bad day*.

   http://www.amazon.com/gp/product/0689711735/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0689711735&linkCode=as2&tag=teamexpansiononl&linkId=XQUWYPQMREQKOFQ2

9. Weber, Bernard. *Ira Says Goodbye*. Houghton Miffin. Ira's best friend is moving. How not to tell a child about a move.

   http://www.amazon.com/gp/product/0395584132/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0395584132&linkCode=as2&tag=teamexpansiononl&linkId=O74JG5CTWGLHR43O

10. Zoer, Martine. *The Kid's Guide to Living Abroad*. The guidebook is told through the eyes of real children who have experience living in other countries. www.fsyf.org

    http://www.amazon.com/gp/product/0965853845/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0965853845&linkCode=as2&tag=teamexpansiononl&linkId=DTEJY3KANRORKNDV

IV. Age-Appropriate Books: Middle School through High School (approx. 11 yr. – 18 yrs.)

1. Brammer, Deb. *Peanut Butter Friends in a Chop Suey World*.

   http://www.amazon.com/gp/product/0890847517/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0890847517&linkCode=as2&tag=teamexpansiononl&linkId=4WS3CJP3TONL2GEG

2. Fritz, Jean. *Homesick. My Own Story*.

   http://www.amazon.com/gp/product/0698117824/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0698117824&linkCode=as2&tag=teamexpansiononl&linkId=LRW7LPQRWEORUD4V

3. Kuegler, Sabine. *Child of the Jungle. The true story of a girl caught between two worlds. 2005*. www.virago.co.uk

   http://www.amazon.com/gp/product/B000Q9INLS/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=B000Q9INLS&linkCode=as2&tag=teamexpansiononl&linkId=GGUQKADGGG2RCLO4

4. McDowell, Josh. *Children Demand a Verdict. Answering questions about what we believe and why we believe it*. Tyndale House Publishers.

   http://www.amazon.com/gp/product/B000Q9INLS/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=B000Q9INLS&linkCode=as2&tag=teamexpansiononl&linkId=GGUQKADGGG2RCLO4

5. Palmer, Viola. *The Daughter of No One*. A fictional book that offers cultural insights into the lives and world views of the people in Nicaragua and Honduras.

http://www.amazon.com/gp/product/1934749052/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1934749052&linkCode=as2&tag=teamexpansiononl&linkId=6LV3C2K35VFTVZFZ

6. Phoenix, Michele. *In Broken Places*. A Novel.

   http://www.amazon.com/gp/product/1934749052/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1934749052&linkCode=as2&tag=teamexpansiononl&linkId=6LV3C2K35VFTVZFZ

7. Sanford, Timothy L. "I have to be Perfect." The preacher's kid's manual of the holy heresies kids may grow up with and how to find their way back to the truth. Can be applied to mks.

   http://www.amazon.com/gp/product/1934749052/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1934749052&linkCode=as2&tag=teamexpansiononl&linkId=2NLFF5Q3TKY7KKWK

V. Age-Appropriate Books: Adult Missionary Kid (TCK)

1. Addleton, Johnathan S. *Some Far and Distant Place: Muslim-Christian Encounters Through the Eyes of a Child*. University of Georgia Press. Reprint Oct. 2002. A Memoir written by an MK that recounts his childhood spent in Pakistan, his time at the Muree Christian School, which was located at a British Himalayan hill station, and his culture shock during time of furlough in the U.S.

   http://www.amazon.com/gp/product/0820318582/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0820318582&linkCode=as2&tag=teamexpansiononl&linkId=Q5QTTDYG4BOETSOC

2. Among Worlds. A magazine published four time a year that is designed especially to encourage adult TCKs and address issues that are relevant to them. Subscription information available at

   http://www.tckinteract.net/amongworlds/ordering.htm

3. Bell, Linda. *Hidden Immigrants: Legacies of Growing up Abroad*. Cross Cultural Publications (1997) The author explores the TCK experience by interviewing six men and seven women who were raised as TCKs. One reviewer states, "This book is useful for parents living overseas and wishing to know how 'Third Culture Kids' struggle to re-enter their 'home' countries after being raised overseas."

http://www.amazon.com/gp/product/0940121352/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0940121352&linkCode=as2&tag=teamexpansiononl&linkId=A4Q3W7STSNFG2DQ5

4. Taber, Sarah Mansfield. Of Many Lands: Journal of a Traveling Childhood. Foreign Service Youth Foundation. Workbook to help TCKs process and document their experience.

   http://www.amazon.com/gp/product/0965853802/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0965853802&linkCode=as2&tag=teamexpansiononl&linkId=5QW45G4ZW2VABHLN

5. Van Reken, Ruth. *Letters never Sent*. One Woman's Journey from Hurt to Wholeness. David C. Cook.

   http://www.amazon.com/gp/product/1904881483/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1904881483&linkCode=as2&tag=teamexpansiononl&linkId=PVFJINZHGHHTWBA6

V. Helps For Care-givers (for the whole system), including Reentry *

1. *A Model for Re-entry Workshop*, Joyce Bowers

2. *A Spirituality of the Road*, David J. Bosch

   http://www.amazon.com/gp/product/1579107958/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1579107958&linkCode=as2&tag=teamexpansiononl&linkId=OZK7PY3C32NG63GD

3. *Art of Coming Home, The*, Craig Storti

   http://www.amazon.com/gp/product/1931930147/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1931930147&linkCode=as2&tag=teamexpansiononl&linkId=RE45W237AWII4FE2

4. *Bringing Member Care Home: Member Health?,* Brent Lindquist

5. *Burn-Up or Splashdown,* Marion Knell

   http://www.amazon.com/gp/product/083085617X/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=083085617X&linkCode=as2&tag=teamexpansiononl&linkId=EX6N6RD77ZOIFGTS

6. *Caring for the Harvest Force in the New Millennium,* Tom Steffen and Douglas Pennoyer, eds.

   http://www.amazon.com/gp/product/0878083839/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0878083839&linkCode=as2&tag=teamexpansiononl&linkId=ICQCNNQOYLNPBH7K

7. *Children of the Call: Issues missionaries' kids face,* Charlene Gray

   http://www.amazon.com/gp/product/1563091143/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1563091143&linkCode=as2&tag=teamexpansiononl&linkId=D6IOMSR5FJQFFWQA

8. *Cross-Cultural Re-entry: A book of readings,* Clyde Austin

   http://www.amazon.com/gp/product/0915547740/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0915547740&linkCode=as2&tag=teamexpansiononl&linkId=WUPSFTI4LVSMASCN

9. *Doing Member Care Well,* Kelly O'Donnell, ed.

   http://www.amazon.com/gp/product/0878084460/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0878084460&linkCode=as2&tag=teamexpansiononl&linkId=7IQTFVY2CJQKUO2W

10. *Enhancing Missionary Vitality,* John Powell and Joyce Bowers

    http://www.amazon.com/gp/product/0942726030/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0942726030&linkCode=as2&tag=teamexpansiononl&linkId=TN3FGFETW7CSCEMN

11. *Expectations and Burnout: Women surviving the great commission,* Sue Eenigenburg and Robynn Bliss

    http://www.amazon.com/gp/product/0878085238/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0878085238&linkCode=as2&tag=teamexpansiononl&linkId=HOC4VB5E5KHQ5UXJ

12. *Family in Missions, The: Understanding and caring for those who serve,* Leslie A. Andrews

    http://www.amazon.com/gp/product/0942726049/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0942726049&linkCode=as2&tag=teamexpansiononl&linkId=VR4FXTUSN337JCHL

13. *Global Member Care, Vol. 1: The pearls and perils of good practice,* Kelly O'Donnell

    http://www.amazon.com/gp/product/0878081135/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0878081135&linkCode=as2&tag=teamexpansiononl&linkId=3LBOYFBUOI73PSDC

14. *Homeward Bound: A spouses guide to repatriation,* R. Pascoe

    http://www.amazon.com/gp/product/0968676049/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0968676049&linkCode=as2&tag=teamexpansiononl&linkId=5RQADFRQGKOR4HGF

15. *Honourably Wounded: Stress among Christian Workers,* Marjory Foyle

    http://www.amazon.com/gp/product/0825463335/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0825463335&linkCode=as2&tag=teamexpansiononl&linkId=5EHQ2X2KHIUJWBGO

16. *I Have to be Perfect (And other parsonage heresies),* Timothy Sanford

    http://www.amazon.com/gp/product/0966195302/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0966195302&linkCode=as2&tag=teamexpansiononl&linkId=BLVAST4FYXZOUOSH

17. *Letters Never Sent: One woman's journey from hurt to wholeness,* Ruth Van Reken

    http://www.amazon.com/gp/product/0964642301/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0964642301&linkCode=as2&tag=teamexpansiononl&linkId=5JVM7HBDYICDQMHX

18. *Member Care Handbook,* Beram, Kumar

19. *Missionary Care: Counting the cost for world evangelization,* Kelly O'Donnell, ed.

20. *Missionary Wife and Her Work, The,* Joy Tuggy

    http://www.amazon.com/gp/product/B0007EAWNE/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=B0007EAWNE&linkCode=as2&tag=teamexpansiononl&linkId=Q32N2TR33BIW6MBY

21. *Parents as Partners: Supporting your family as they serve overseas,* IMB

22. *Peace Maker, The,* Ken Sande

    http://www.amazon.com/gp/product/0801064856/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0801064856&linkCode=as2&tag=teamexpansiononl&linkId=PVQOW7A54OB5JUNO

23. *Planning for MK Nurture,* Pam Echerd and Alice Arathoon, eds.

    http://www.amazon.com/gp/product/0878082263/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0878082263&linkCode=as2&tag=teamexpansiononl&linkId=VU27GYV5VAVJNEE2

24. *Serving as Senders,* Neal Pirolo

    http://www.amazon.com/gp/product/1880185245/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1880185245&linkCode=as2&tag=teamexpansiononl&linkId=72YFPY3MEGNVPLVR

25. *Too Valuable to Lose: Exploring the causes and cures of missionary attrition,* William Taylor, ed.

    http://www.amazon.com/gp/product/0878082778/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0878082778&linkCode=as2&tag=teamexpansiononl&linkId=BSQW2ZJP3RO6DG3R

26. *Raising Resilient MKs: Resources for caregivers, parents, and teachers,* Joyce Bowers, ed.

    http://www.amazon.com/gp/product/1583310096/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1583310096&linkCode=as2&tag=teamexpansiononl&linkId=PAI2GLZ6MXN53ACC

27. *Re-Entry: Making the transition from missions to life at home,* Peter Jordan

    http://www.amazon.com/gp/product/B0052TMXXQ/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=B0052TMXXQ&linkCode=as2&tag=teamexpansiononl&linkId=LFOZMS2BGICODMM3

28. *Reentry Team, The: Caring for your returning missionaries,* Neal Pirolo

http://www.amazon.com/gp/product/B00N9Q9MS8/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=B00N9Q9MS8&linkCode=as2&tag=teamexpansiononl&linkId=MZ5TGQNTAG63YGHE

29. *Spiritual Survival Handbook for Cross-cultural Workers,* Robert S. Miller

    http://www.amazon.com/gp/product/B004QZ9X7Q/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=B004QZ9X7Q&linkCode=as2&tag=teamexpansiononl&linkId=4HOL7K5ZMRFTI5UB

30. *Tender Care: The heart and soul of caring for God's scattered servants,* The Seabrook Seven

    http://www.amazon.com/gp/product/B0089Z8SJI/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=B0089Z8SJI&linkCode=as2&tag=teamexpansiononl&linkId=7KCLWARSNVRVLT34

31. *Third Culture Kid Experience, The: Growing up among worlds,* Dave Pollock and Ruth Van Reken

    http://www.amazon.com/gp/product/1857885252/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1857885252&linkCode=as2&tag=teamexpansiononl&linkId=I6SP4SWTZ6AXXQZJ

32. *Weary Warriors,* Carrie Coffman

    http://www.amazon.com/gp/product/1782383468/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=1782383468&linkCode=as2&tag=teamexpansiononl&linkId=KLQ3NJVSROIPNIWW

33. *What About our Children? Third Culture Kids: Powerful potential - possible pitfalls,* Walt Stuart

    http://books.google.com/books/about/What_about_Our_Children.html?id=IJDTtgAACAAJ

34. *Worth Keeping: Global perspectives on best practice in missionary retention,* William Taylor, ed.

    http://www.amazon.com/gp/product/0878085157/ref=as_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=0878085157&linkCode=as2&tag=teamexpansiononl&linkId=HHUIFQERIYG35YYR

* Thanks to Dave and Irene Lewis, who provided the basis for this list in an entry they published at their blog called, "35 Books That Will Enhance Your Missionary Care Skills," at http://paracletos.org/blog/article/35-books-that-will-enhance-

your-missionary-care-skills/ . We've listed it here in this larger list for your convenience, but we're thankful for Dave and Irene and their ministry at Parcletos, www.paracletos.org .